



# ESNS

European Sport Nutrition Society

ESNS

2018



**ROME 16<sup>th</sup> - 17<sup>th</sup> NOVEMBER**

**2<sup>nd</sup> ANNUAL CONFERENCE ESNS 2018**

**SPORT NUTRITION: FROM LAB TO THE FIELD**

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## FIRST ANNOUNCEMENT

[WWW.ESNS.IT](http://WWW.ESNS.IT)  
[WWW.ESNS.ACADEMY](http://WWW.ESNS.ACADEMY)  
FB @esnsacademy

## About The Conference



### TOPICS

- Nutrition for endurance sports
- Nutrition and supplementation for strength and muscle hypertrophy
- Nutrition and supplementation for team sports
- Nutrition and supplementation for combat sports
- Nutrition and supplementation for extreme environment sports

### A WORLD OF OPPORTUNITIES

- Oral presentations and posters
- Abstract submission before 31<sup>st</sup> August
- Forum
- Stage

### ESNYIA

- First Young Investigator Award
- Cash Prizes up to 2,800€ to support up-coming sport nutritionists and researchers



### Venue

NH Villa Carpegna Congress Center  
Via Pio IV, 6 - 00165 Roma

### About The Eternal City

Rome (Italian: Roma), the Eternal City, is the capital and largest city of Italy and of the Lazio region. It's the famed city of the Roman Empire, the Seven Hills, La Dolce Vita (the sweet life), the Vatican City and Three Coins in the Fountain.